

Ch	Frequency (KHz)		Transmit	Shift
	Ship stations	Coast stations		
1	156.050	160.650	Duplex	4.600
2	156.100	160.700	Duplex	4.600
3	156.150	160.750	Duplex	4.600
4	156.200	160.800	Duplex	4.600
5	156.250	160.850	Duplex	4.600
6	156.300	156.300	Simplex	
7	156.350	160.950	Duplex	4.600
8	156.400	156.400	Simplex	
9	156.450	156.450	Simplex	
10	156.500	156.500	Simplex	
11	156.550	156.550	Simplex	
12	156.600	156.600	Simplex	
13	156.650	156.650	Simplex	
14	156.700	156.700	Simplex	
15	156.750	156.750	Simplex	
16	156.800	156.800	Simplex	*
17	156.850	156.850	Simplex	
18	156.900	161.500	Duplex	4.600
19	156.950	161.550	Duplex	4.600
20	157.000	161.600	Duplex	4.600
21	157.050	161.050	Duplex	4.600
22	157.100	161.700	Duplex	4.600
23	157.150	161.750	Duplex	4.600
24	157.200	161.800	Duplex	4.600
25	157.250	161.850	Duplex	4.600
26	157.300	161.900	Duplex	4.600
27	157.350	161.950	Duplex	4.600
28	157.400	162.000	Duplex	4.600
60	156.025	160.625	Duplex	4.600
61	156.075	160.675	Duplex	4.600
62	156.125	160.725	Duplex	4.600
63	156.175	160.775	Duplex	4.600
64	156.225	160.825	Duplex	4.600
65	156.275	160.875	Duplex	4.600
66	156.325	160.925	Duplex	4.600
67	156.375	156.375	Simplex	
68	156.425	156.425	Simplex	**
69	156.475	156.475	Simplex	
70	156.525	156.525	Simplex	***
71	156.575	156.575	Simplex	
72	156.625	156.625	Simplex	
73	156.675	156.675	Simplex	
74	156.725	156.725	Simplex	
75	156-7625	156-7625	Simplex	
76	156-8125	156-8125	Simplex	
77	156.875	156.875	Simplex	
78	156.925	161.525	Duplex	4.600
79	156.975	161.575	Duplex	4.600
80	157.025	161.625	Duplex	4.600
81	157.075	161.675	Duplex	4.600
82	157.125	161.725	Duplex	4.600
83	157.175	161.775	Duplex	4.600
84	157.225	161.825	Duplex	4.600
85	157.275	161.875	Duplex	4.600
86	157.325	161.925	Duplex	4.600
87	157.375	161.975	Duplex	4.600
88	157.425	162.025	Duplex	4.600